



## Adult Program Newsletter



## St. Patrick's Day Celebrations

We had lots of fun celebrating St. Patrick's Day at CECO. Dave read us some fun facts about Ireland! A big thank you to Rocky and his family for the fun St. Patrick's Day activities!



# Feel-good, Friend, Feature...

Each month one of our staff members will spotlight a participant. This month Ms. Kristy is spotlighting Ariel.



Ariel is one of our new participants at the CECO Adult Day Program. She is doing a great job of getting into the flow of things and working on her goals. She loves music and always chooses fun songs for us to listen to. I am so proud of her working on her transitions and walking goals. She is getting more and more comfortable each day and walking even further.

Ariel is doing great at making friends and exploring new activities with everyone. We love having you at CECO, Ariel!

## Intern/Staff Spotlight :



**Gabby**

**Where you go to school:**

I am a student at the University of Central Florida.

**Your current program:**

I am a senior majoring in Health Science of the Pre-clinical track.

**Your future goals:**

I plan to get my master's as a Physician Assistant to work as a PA in healthcare.

**Hobbies/fun facts:**

I played soccer for 15 years but stopped my senior year of high school due to a knee injury. I still love being active, playing pickleball and going to the beach. I currently work as a medical assistant at an internal medicine office!

I have loved my time at CECO and have learned so much from the staff and adults! I have learned the importance of self-advocacy and communication. I have also built connections with the adult participants that I will carry with me forever, they have shown me so much kindness and grace and I have loved getting to know their personalities. I hope I can bring the skills and knowledge I have gained in CECO into my career as a healthcare provider.

## Intern/Staff Spotlight:



**Holly**

**Where you go to school:**

I am a student at the University of Central Florida.

**Your current program:**

Major in Health Sciences, minor in health services administration

**Your future goals:**

I plan to get my master's degree in health services administration at UCF and after I will pursue my career within healthcare management.

**Hobbies/fun facts:**

I love going to concerts and enjoy weightlifting, and a fun fact about me is I can do a backflip.

My time at CECO so far has been extremely rewarding and I have enjoyed getting to work with all the participants. I have learned so much, especially all the different ways everyone communicates. I have developed skills like communication and having hands-on experience will give me a unique perspective within my future career in healthcare administration and management.



# Women's History Month

March was Women's History Month. The Adults learned about different important women in history and made fun presentations. They created lots of art work and played fun games as well. We love all the strong women in our lives!



## A very exciting announcement!



We are thrilled to announce our new partnership with the Big Nova Foundation!

Thanks to their incredible generosity, CECO has received a \$150,000 grant to support our Adult Program.

This amazing gift will help us continue empowering the adults in the program. We are so grateful for this support and can't wait to see the impact it will make!



# Shadow Puppet Show for the School!

This month the Adult Program and Young Adults put together a fun shadow puppet performance for the school day kids. They set up the room with decorations that they made and put on a great show. This year's story was Rapunzel. The kids loved it and the Adults and Young Adults did a wonderful job.





# Special Olympics

It was a beautiful day for our annual Spring Special Olympics.

The participants had a great time! We all headed to the park and spent the morning playing games. It was great to see all the families as well!





# Packaging items for the golf classic...

The Raymond Golf Classic is coming up! The Adults helped by packaging some of the golfer's gift bags as a part of their job skills. As always they have done a great job and worked so hard!



We hope everyone had a fun filled  
Spring Break!



# Fun Photos

We had so many activities this month that we needed more newsletter room to share all the fun!





# Alex's Awesome Account



**“March was a super fun month! It was women’s history month and we had a great time with our presentations. I loved our puppet show this year! It was so great to see all the smiles on the students’ faces. My friends and I worked very hard on it. I am very excited for our new grant. We have already made some amazing plans that you will hear about very soon! I can not wait to see what April has in store for us.”**

**Happy Birthday To Our March Birthdays!**  
**Zori, Carly, & Alexandra!**